

Date: \_\_\_\_\_

Full Name: \_\_\_\_\_

### INSTRUCTIONS

Please provide accurate answers so we can correctly match your abilities to our client job requirements. Please check the level of experience and expertise you have in each skill category, using the following scale:

**#1 = Familiar with procedure but will usually or almost always require some assistance.**

**#2 = Competent and familiar with procedure:** I can perform this procedure with excellence, usually without assistance.

**#3 = Very competent:** I have at least 12 months experience and can perform this procedure with excellence and without assistance.

**NOTE:** Leave blank any procedures which you have **no experience, training or low competence**

SKILLS:	1	2	3
<b>Cardiovascular</b>			
<b>1. Assessment</b>			
Auscultation (rate, rhythm)			
Doppler			
Heart sound/ murmurs			
Pulses/ circulation checks			
<b>2. Equipment &amp; procedures</b>			
<b>Assist with insertion and set up:</b>			
Arterial line			
Central venous line			
Open chest emergency			
PA catheter/Swan-Ganzi insertion			
Pacemaker			
Cardioversion			
<b>Interpretation of waveforms &amp; values:</b>			
A-line			
CVP			
<b>Monitoring:</b>			
Basic 12 lead interpretation			
Basic arrhythmia interpretation			
<b>3. Care of the patient with</b>			
Acute MI			
Aneurysm			
Angina			
Cardiac arrest			
Congestive heart failure (CHF)			
Myocarditis			
<b>4. Medications</b>			
<b>ACLS drugs:</b>			
Atropine			
Bretylium (Bretylol)			
Epinephrine (Adrenalin)			
Lidocaine (Xylocaine)			

SKILLS:	1	2	3
Procainamide (Pronestyl)			
Sodium bicarbonate			
<b>Other:</b>			
Adenosine (Adenocard)			
Amiodarone (Cordarone)			
Digoxin (Lanoxin)			
Diltiazem (Cardizem)			
Dobutamine (Dobutex)			
Dopamine (Intropin)			
Esmolol (Brevibloc)			
Lasix (Furosemide)			
Nitroprusside (Nipride)			
Thrombolytic therapy			
<b>Pulmonary</b>			
<b>1. Assessment</b>			
Breath sounds			
Rate and work of breathing			
<b>2. Interpretation of lab results</b>			
Arterial blood gases			
<b>3. Equipment &amp; procedures</b>			
<b>Airway management devices/suctioning:</b>			
Endotracheal tube/suctioning			
Nasal airway/suctioning			
Oropharyngeal/suctioning			
Sputum specimen collection			
Tracheostomy/suctioning			
Assist with extubation			
Assist with intubation			
Assist with thoracentesis			
Care of the patient on a ventilator			
<b>Care of the patient with a chest tube:</b>			
Assist with set-up & insertion			
Measuring			

<b>SKILLS:</b>	<b>1</b>	<b>2</b>	<b>3</b>
Removal			
Measure peak flow			
<b>Obtaining arterial blood gases:</b>			
Arterial line			
Femoral artery			
Radial artery			
<b>O<sub>2</sub> therapy &amp; medication delivery systems:</b>			
Bag and mask			
ET tube			
Face masks			
Inhalers			
Nasal cannula			
Nebulizer			
Portable O <sub>2</sub> tank			
T-piece			
Pulse oximetry			
Troubleshooting high pressure alarms			
Troubleshooting low pressure alarms			
<b>4. Care of the patient with</b>			
Aspiration			
COPD			
Hemopneumothorax			
Laryngospasm			
Pneumonia			
Pneumothorax			
Pulmonary edema			
Pulmonary embolism			
Tension pneumothorax			
Tuberculosis			
<b>5. Medications</b>			
Aminophylline (Theophylline)			
Bronkosol (Isoetharine hydrochloride)			
Epinephrine (Adrenalin)			
Isuprel (Isoproterenol hydrochloride)			
Steroids			
Terbutaline			
<b>Neurological</b>			
<b>1. Assessment</b>			
<b>Advanced neuro assessment:</b>			
Glasgow coma scale			
Reflex/motor deficits			
Visual or communication deficits			
Level of consciousness			
<b>2. Equipment &amp; procedures</b>			
Assist with lumbar puncture			
<b>Increased ICP management:</b>			
Medications			
Positioning			
Regulation of ICP			
Temperature control			
Ventilation			
Intracranial pressure monitoring			

<b>SKILLS:</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>3. Care of the patient with</b>			
Basal skull fracture			
Closed head injury			
CVA			
DT's			
Encephalitis			
Externalized VP shunts			
Meningitis			
Neuromuscular disease			
Overdose			
Seizures			
Spinal cord injury			
<b>4. Medications</b>			
Decadron (Dexamethasone)			
Dilantin (Phenytoin)			
Mannitol (Osmitrol)			
Phenobarbital			
Solu-Medrol (Methylprednisolone sodium succinate)			
<b>Orthopedics</b>			
<b>1. Assessment</b>			
Circulation checks			
Gait			
Range of motion			
Skin			
<b>2. Equipment &amp; procedures</b>			
Assist with placement of cast			
<b>Support devices:</b>			
Cane/crutch			
Cervical collar			
Sling			
Transfer boards			
<b>3. Care of the patient with</b>			
Ankle brace			
Ankle splint			
Cast			
Knee immobilizer			
Pinned fractures			
Wrist splint			
<b>Gastrointestinal</b>			
<b>1. Assessment</b>			
Abdominal/bowel sounds			
Fluid balance			
Nutritional status			
<b>2. Interpretation of blood chemistry</b>			
<b>3. Equipment &amp; procedures</b>			
Placement of nasogastric tube			
Salem sump to suction			
Saline lavage			
<b>4. Care of the patient with</b>			
Abdominal trauma			
Bowel obstruction			
GI bleeding			

<b>SKILLS:</b>	<b>1</b>	<b>2</b>	<b>3</b>
Hepatitis			
Liver failure			
<b>5. Medications</b>			
Antiemetics			
Antispasmodic			
Charcoal			
Ipecac			
<b>Renal/Genitourinary (GU)</b>			
<b>1. Assessment</b>			
<b>2. Interpretation of lab results:</b>			
BUN & creatinine			
Electrolytes			
<b>3. Equipment &amp; procedures:</b>			
<b>Insertion &amp; care of straight &amp; Foley catheter:</b>			
Female			
Male			
Urine specimen collection			
<b>4. Care of the patient with:</b>			
Acute renal failure			
Peritoneal lavage			
Renal trauma			
Urinary tract infection			
<b>Endocrine/Metabolic</b>			
<b>1. Assessment</b>			
S/S diabetic coma			
S/S insulin reaction			
<b>2. Equipment &amp; procedures</b>			
<b>Blood glucose monitoring:</b>			
Electronic measuring device: type			
Performing finger stick			
<b>3. Care of the patient with:</b>			
Diabetic ketoacidosis			
<b>4. Medications</b>			
Insulin			
Oral hypoglycemics			
<b>Wound Management/Surgical</b>			
<b>1. Equipment &amp; procedures</b>			
Application of SteriStrips			
Assist with staples			
Assist with sutures			
Culdocentesis tray			
Set up suture tray			
Staple removal			
Suture removal			
<b>EENT</b>			
<b>1. Assessment</b>			
Set up fluorescent / Woods lamp exam			
Visual acuity			
<b>2. Equipment &amp; procedures:</b>			
Application of eye patch			
Ear irrigation			

<b>SKILLS:</b>	<b>1</b>	<b>2</b>	<b>3</b>
Eye irrigation			
Morgan lens irrigation			
Nasal packing			
Removal of contact lens			
<b>TRAUMA/SHOCK</b>			
<b>1. Assessment</b>			
Champion trauma score			
Poison index			
Triage			
<b>2. Equipment &amp; procedures</b>			
Air transport of trauma patient			
Application of mast suit			
Ground transport			
<b>3. Care of the patient with</b>			
<b>Bites:</b>			
Human			
Venomous snake			
Venomous spider			
<b>Burns:</b>			
Rule of nines			
First degree			
Second degree			
Third degree			
Dehydration			
Electrocution			
Gunshot/stab wound			
Hazardous material exposure			
Heat exhaustion/stroke			
Hypothermia			
Major trauma			
Minor trauma			
Radiation exposure			
<b>Shock:</b>			
Anaphylactic			
Cardiogenic			
Hypovolemic			
Neurogenic			
Septic			
Traumatic amputation			
<b>Infectious Diseases</b>			
<b>1. Interpretation of lab values - CBC, SMA 7</b>			
<b>2. Equipment &amp; procedures</b>			
Fever management			
Isolation			
<b>3. Care of the patient with AIDS</b>			
<b>Phlebotomy/IV Therapy/Invasive Procedures</b>			
<b>1. Equipment &amp; procedures</b>			
<b>Administration of blood/blood products:</b>			
Autotransfusion			
Cryoprecipitate			
Packed red blood cells			
Plasma/albumin			

<b>SKILLS:</b>	<b>1</b>	<b>2</b>	<b>3</b>
Whole blood			
Assist with cutdown			
Drawing venous blood			
<b>Starting IVs:</b>			
Angiocath			
Butterfly			
Heparin lock			
<b>2. Care of the patient with</b>			
Angiography			
<b>Central line/catheter/dressing:</b>			
Brovia/Hickman			
Groshong			
PICC			
Portacath			
Pericardiocentesis			
<b>Pain Management</b>			
<b>1. Assessment of pain level / tolerance</b>			
<b>2. Care of the patient with</b>			
Epiglottitis			
Near drowning			
Overdose/poison ingestion			
Status asthmaticus			
Status epilepticus			
<b>Women's Health</b>			
<b>1. Assessment - Assist with pelvic exam</b>			
<b>2. Equipment &amp; procedures</b>			
Child abuse /recognition /reporting			
Obtaining consent to treat			
Pediatric arrest			
<b>3. Care of the patient with:</b>			
Abruptio placenta			
DIC			

<b>SKILLS:</b>	<b>1</b>	<b>2</b>	<b>3</b>
Hemorrhage			
Placenta previa			
Preeclampsia / eclampsia			
Spontaneous abortion			
<b>Miscellaneous</b>			
AMA procedures			
Suicide precautions			
<b>Age Specific Practice Criteria</b>			
Newborn/Neonate (birth - 30 days)			
Infant (30 days - 1 yr)			
Toddler (1 - 3 yrs)			
Preschooler (3 - 5 yrs)			
School age children (5 - 12 yrs)			
Adolescents (12 -18 yrs)			
Young Adults (18-39 yrs)			
Middle Adults (39 - 64 yrs)			
Older Adults (64+ yrs)			
<b>2. Care of patient with:</b>			
Able to adapt care to incorporate normal growth and development.			
Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level.			
Can ensure a safe environment reflecting specific needs of various groups.			
<b>3. My experience is primarily in:</b>			
Trauma referral center (Level I ER)			
Community ER (Level II ER)			
Rural ER			

**Certification:**

Please check the boxes below and indicate the expiration date for each certificate that you hold. If you do not know the exact date, please use the last date of the specific month (e.g., 05/31/2003).

Certification	Expiration Date
<input type="checkbox"/> Computerized charting system	
<input type="checkbox"/> Medication administration	
<input type="checkbox"/> ACLS	
<input type="checkbox"/> BCLS	

Certification	Expiration Date
<input type="checkbox"/> CEN	
<input type="checkbox"/> CCRN	
<input type="checkbox"/> TNCC	
<input type="checkbox"/> Other:	

I hereby certify all statements and claims as true and that any misrepresentation of the facts on this skills checklist is sufficient cause for dismissal at any time without prior notice even if I have been already employed.

Full Name (Print): \_\_\_\_\_

Signature: \_\_\_\_\_

Retyped name acts as signature, if submitting form by email

Reviewed by \_\_\_\_\_ : Date: \_\_\_\_\_