



## LABOR/DELIVERY & MOTHER/BABY SKILLS CHECKLIST

Date: \_\_\_\_\_

Full Name: \_\_\_\_\_

### INSTRUCTIONS

*Please provide accurate answers so we can correctly match your abilities to our client job requirements. Please check the level of experience and expertise you have in each skill category, using the following scale:*

**#1 = Familiar with procedure but will usually or almost always require some assistance.**

**#2 = Competent and familiar with procedure:** I can perform this procedure with excellence, usually without assistance.

**#3 = Very competent:** I have at least 12 months experience and can perform this procedure with excellence and without assistance.

**NOTE:** Leave blank any procedures which you have **no experience, training or low competence.**

SKILL:	1	2	3
Normal Anatomy of the Heart			
Left Side			
Right Side			
Resuscitation			
Team Member			
Perform defibrillation			
Perform/set up emergent cardioversion			
Prepare and administer meds			
Set up and interpret 12 lead EKG			
Administer oxygen			
Use of apnea monitor			
Assess lung sounds			
Incentive spirometer			
Nebulizer			
Normal physiology of pulmonary vascular system			
Obtain arterial blood gas			
Result interpretation			
Pavulonized patient			
Pulse oximetry			
Suctioning			
Use of emergency equipment			
Insulin preparation and administration			
Blood glucose monitoring			
Equipment used			
Jejunostomy care			
NG tube insertion/lavage			
Normal physiology of renal and GI system			
Ostomy/stoma care			
Peritoneal lavage			

SKILL:	1	2	3
Poison control			
Wound care irrigations			
Consent for treatment of a minor			
Procedure for patient signing AMA			
Disaster protocols			
Assist with peritoneal lavage			
<b>MISC. TRAYS/INSTRUMENTS:</b>			
Pelvic tray			
Cut down tray			
Procto tray			
CVP tray			
Culdocentesis tray			
Thoracentesis tray			
<b>MATERNAL/CHILD CARE</b>			
<b>General Skills:</b>			
Admission assessment			
Legal principals of charting			
Patient education			
Specimen collection			
Lab value assessment			
Pain management			
Isolation procedures			
Wound and skin care			
Diabetic teaching			
Discharge teaching			
Use of restraints			
<b>Maternal/Child:</b>			
Antepartum patient care			
Pre-natal care teaching			
LaMaze instruction			
Labor and delivery patient care			
High risk labor patient care			

<b>SKILL:</b>	<b>1</b>	<b>2</b>	<b>3</b>
Assist regional anesthesia (epidural)			
Internal monitor/lead connection and calibration			
Pitocin therapy			
Magnesium sulfate therapy			
Vaginal exam			
Use of fetoscope Doppler			
Assist with vaginal delivery			
Forceps vaginal delivery			
Circulate for C-section			
Scrub for C-section			
Fetal stress testing			
Hyperbilirubin infant care			
Newborn infant care			
Post natal care teaching			
Post natal patient care			
Breast care			

<b>SKILL:</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>Provide intrapartum care to patient with:</b>			
Pregnancy induced hypertension			
Pre-eclampsia/eclampsia			
Multiple gestation			
Placenta previa			
Abruptia placenta			
Malpresentations			
Premature labor			
Diabetes mellitus			
Rh incompatibilities			
DIC			
Neonatal resuscitation			
Apgar score			
Postpartum assessment			
Fundus consistency			
Lochia			
Bladder distention			
Episiotomy/insertion for Caesarean			
LDRP			
LDR			

**Certification:**

I hereby certify all statements and claims as true and that any misrepresentation of the facts on this skills checklist is sufficient cause for dismissal at any time without prior notice even if I have been already employed.

Full Name: \_\_\_\_\_

Signature: \_\_\_\_\_  
Retyped name acts as signature, if submitting form by email

Reviewed by \_\_\_\_\_; Date: \_\_\_\_\_